



TURN it OFF!

You can use energy more wisely and reduce greenhouse gas (GHG) emissions by turning off your engine when parked.

Save fuel and money – For an average-sized vehicle, you can save more than 100 litres of gasoline and \$100 per year if you reduce unnecessary idling by only 10 minutes a day.

Conserve our resources and protect the environment – Carbon dioxide (CO₂) is an unavoidable by-product of burning fossil fuels and is one of the principal GHG emissions. Turning off our engines when parked helps to conserve non-renewable energy resources and avoid needless GHG emissions that are linked to climate change. Studies have shown that climate change impacts may include everything from more severe weather events, such as intense rainstorms, floods and droughts, to hotter summers, rising sea levels and more forest fires.¹

Protect your health – Reduced idling can help to diminish the impacts of climate change. Hotter summer weather, for example, can make smog episodes worse, affecting our air quality and our health.²

Avoiding unnecessary idling alone won't solve environmental problems, but it's an easy step in the right direction. Every little bit helps.

Idling gets you NOWHERE

¹ Natural Resources Canada. Climate Change Impacts and Adaptation. www.adaptation.nrcan.gc.ca/perspective/summary_10_e.php

² Health Canada. Understanding the Health Impacts of Climate Change. www.hc-sc.gc.ca/ewh-semt/climat/impact/index-eng.php (retrieved December 15, 2008)





All it takes is
**THE TURN
OF A KEY**

Ready to do your part?

Natural Resources Canada's Office of Energy Efficiency suggests five simple steps to reduce idling.

- Step 1:** If you're going to be stopped for more than 60 seconds - when parked - turn the engine off. Unnecessary idling wastes money and fuel and produces GHGs that contribute to climate change.
- Step 2:** Drive the vehicle to warm it up, rather than idling the engine. Usually no more than 60 seconds of idling is needed on cold winter days, provided your windows are defrosted.
- Step 3:** Limit remote car starter use and unnecessary warm-up times to 60 seconds.
- Step 4:** Use a block heater on cold winter days to warm the engine before starting it. Ideally, the block heater should be turned on by an automatic timer two hours before leaving.
- Step 5:** Spread the word. Tell your family and friends about the benefits of reduced idling. It will help them save money and help protect the environment.

For more information, visit our
Web site at idling.nrcan.gc.ca.

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1-800-387-2000 toll-free.

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